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# URBAN ABBEY

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Coffee | Cause | Communion

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## Our Vision

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We are a space of radical hospitality connecting people to God and one another in everyday life.

## Hospitality

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From local milk to reclaimed wood tables, whether for worship or the Farmers Market, we welcome everyone just as they are. We are a space of authenticity, engaging God's presence in the real stuff of life.

## Connection

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We reach out to our community from a place of deep faith. We connect with God to go out and change the world. We are not waiting for people to find us; we want to meet as many people as we can, connect, and share love.

## Generosity

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We believe that to explore generosity we must practice it. It is risky, but we give 10% of our coffee bar sales to local non-profits. Every month we have a different partner. Our giving is more than in-kind goods; we provide significant financial resources to do life-giving work in the community.

## Wesleyan Covenant Prayer

The Wesleyan Covenant Prayer was developed in the mid-1700s by John Wesley for use in the earliest Methodist societies. It is recited annually by many Methodist churches shortly after each new year as a way of affirming an individual's and a community's commitment to placing God's desires for one's life before any other priorities. One might recite the Wesleyan Covenant Prayer as a daily practice and reminder of one's commitment as a disciple of Jesus Christ. Or one might choose to pray it specifically during periods of discernment in which one needs to make an important decision. Whether prayed regularly or during specific periods of decision-making, the Wesleyan Covenant Prayer reminds us to seek wisdom from God and that God is the One to whom we commit our lives first and foremost. Neither our desire for a life of comfort, nor our commitments to work or friends or even family come before our commitment to God. This is a risky prayer, and one that encourages us to let go of our worldly desires in the belief that a life lived primarily (perhaps even exclusively!) in the service of God's dream of love and justice can be an abundant one indeed.

- Rev. Chris Jorgensen

## Covenant Prayer in the Wesleyan Tradition

I am no longer my own, but thine.

Put me to what thou wilt, rank me with whom thou wilt.

Put me to doing, put me to suffering.

Let me be employed for thee or laid aside for thee, exalted for thee or brought low for thee.

Let me be full, let me be empty.

Let me have all things, let me have nothing.

I freely and heartily yield all things to thy pleasure and disposal. And now, O glorious and blessed God, Father, Son and Holy Spirit, thou art mine, and I am thine.

So be it.

And the covenant which I have made on earth,

let it be ratified in heaven.

Amen.